# PACKING LIST FOR SAFARIS:

\*Note: We will discuss this further as our trip approaches, but here is a helpful packing list from Dorobo Safaris as well as several reading and resource recommendations!

## 1. CLOTHING:

Item:	Checked:
One or two pair of comfortable long trousers	
Two or three pairs of shorts	
Skirt or dress slacks for evenings at hotels/lodges (informal)	
Long sleeve shirts (for evening warmth and/or sun protection)	
Light weight sweater or pull over	
Warm jacket (especially important in the cooler months of June to September and if camping on the Ngorongoro Crater)	
Rain gear (especially from December through June)	
Pair of thongs/sandles for around camp	
Pair of athletic shoes or comfortable walking shoes (if visiting L. Natron you will need a pair that can get wet)	
T- shirts	
Bathing suit	
Hat	

\* CLOTHING FOR WALKING SHOULD BE EARTH COLORS TENDING TOWARDS DARKER RATHER THAN LIGHT.

## 2. **EQUIPMENT**:

Item:	Checked:
Camera	
Binoculars	
Sunglasses	
1 liter water bottle	
Flashlight/headtorch	
Sun screen	
Insect repellant	
Wet wipes (optional but can be handy on long dusty, hot travel days)	
Reading material for the occasional free hour	

\* WE SUGGEST PACKING IN A STURDY DUFFLE BAG WITH A ZIP OPENING AND HAVING A SMALLER DAY PACK IN WHICH TO KEEP THINGS YOU WILL NEED DURING THE DAY.

## 3. RECOMMENDED READING MATERIAL

#### 1. GUIDE BOOKS /MAPS

Dorobo will have guidebooks in the vehicles so you will have access to guides, but you may want to have your own. If you want to minimize books (weight) / expenses, then just get option 1 (Withers et al).

- 1. Good, general simplified guide for animals, birds and few plants, best option for one field guide.
  - a. Withers, Martin and David Hosking. 2000. Wildlife of East Africa. ISBN: 978-0691007373, Cost  $\sim$ \$20
- 2. For those wanting more definitive mammal and bird guides:

#### **Mammals**

- a. Foley, Charles, Lara Foley, Alex Lobora, Daniela De Luca, Tim Davenport, Sarah Durant, Maurus Msuha. 2014. A Field Guide to the Larger Mammals of Tanzania. ISBN: 978-0691161174. Cost ~\$25. Very good, but doesn't include small mammals.
- b. Kingdon, Jonathan. 2005. The Kingdon Pocket Guide to African Mammals ISBN: 0691122393, Cost  $\sim$ \$20. Includes small mammals, but not as good for large mammals as Foley.

#### Birds

- a. Stevenson, Terry and John Fanshawe. 2006. The Birds of East Africa Kenya, Tanzania, Uganda, Rwanda. ISBN: 978-0691126654, Cost ~\$20. Covers larger area, considered best for N. Tanzania.
- b. Zimmerman, Dale A., Donald A. Turner and David J. Pearson. 1999. Birds of Kenya and Northern Tanzania. ISBN: 0-691-01022-6, Cost ~\$25.00 Covers Northern TZ and Kenya, also good.

### Trees (there are no good wildflower guides)

- a. Dharani, Najama. 2012. Field Guide to Common Trees & Shrubs of East Africa. ISBN: 978-1770078888, Cost ~\$25. Includes the basic trees and many introduced species. Limited in scope, heavy emphasis on introduced species.
- 3. For serious wildlife watchers:
  - a. Estes, R.D. 1993. The Safari Companion. (Revised Ed.) ISBN 1-890132-44-6, Cost ~\$20 This is the "bible" on behavior, excellent, detailed info.
- 4. Tanzania map Very handy to know where you are!

5. Individual Tanzania park guides can be purchased in Tanzania.

#### 2. PRETRIP "EASY" READING

#### Books about Tanzania:

- *Into Africa* by Craig Packer. (Adventures in lion research in Tanzania written by U of M ecologist.)
- Serengeti Story: Life and Science in the World's Greatest Wildlife Region by Anthony Sinclaire (foremost authority on the Serengeti, the book is written in autobiographical style and is a mix of science and story)
- The Gnu's World: Serengeti Wildebeest Ecology and Life History by Richard Estes (foremost authority on African mammals, especially gnus, mix of science and story)
- Hadzabe: By the Light of a Million Fires by Daudi Peterson (Daudi is one of the three brothers that started Dorobo Safaris and has worked with the hunter-gather group, Hazabe for many years; beautiful photos and information about Hadzabe.)
- Any travel guide will provide some of the basics (government, climate, etc.)

### Books (about other countries or Africa in general):

- *In the Dust of Kilamanjaro* by David Western (Community conservation in Kenya)
- *Cry of the Kalahari* by Mark and Delia Owens (Africa conservation work in Kalahari)
- A Primate's Memoir by Robert M. Sapolsky (Very funny book on baboons in Kenya.)
- *Africa: A Biography of the Continent* by John Reader (classic)
- West with the Night by Beryl Markham (classic)
- *Out of Africa* by Isak Dinesen (classic)
- *Don't look behind you and whatever you do don't run* by Peter Alison (Stories from a safari guide in Botswana, entertaining.)
- Don't Let's Go To The Dogs Tonight: An African Childhood by Alexander Fuller (funny and moving stories of growing up in Rhodesia, other books by Fuller are also great)
- Ivory, Apes and Peacocks: Animals, Adventures and Discovery in the Wild Places of Africa by Alan Root (memoir of film maker's adventures in Africa)
- At the Hand of Man: Peril and Hope for Africa's Wildlife by Raymond Bonner (1993, good treaty of elephant politics albeit dated)
- Ghosts of Tsavo: Tracking the Mythic Lions of East Africa by Philip Caputo (story of the man eating lions)