



IME Newsletter Volume 19



It's officially Black History Month! Here at IME, we believe every month is a great month to celebrate the joy, culture, and traditions of all heritages. How are you honoring your ancestors?

While we hope for everyone to find joy and love, we also understand that this may be a challenging time with the various executive orders that have been issued. While we are not certain about what may happen, we can stay strong as a community and be resilient. Please remember you are not alone in this matter and we are here for you! Please be sure to reach out to IME, the Student Counseling Center, or a trusted staff, faculty or peer if you need additional support, affirmation, or a listening ear. We are here for you! IME is planning a few opportunities this month for us to connect soon so please stay tuned! The Let Out will also return on Feb. 19th from 5:30-6:30pm in Lower Odell (008). Until then, IME suite hours are 9-5pm (Monday-Friday), so please stop by and check-in! In community, Joann & Erin

For PDF versions and archives, visit the [IME website](#) or [click this link](#).

What's Happening

In this week's IME Newsletter:

IME Events and News

- Join IME's Women's History Month Planning Committee
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Black History Month

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- BHM: African Hairstyles...10,000 Years Old, World Wide Heritage
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- 2025 LSAT Scholarship Application
- Student Counseling Center Group for Survivors of Unwanted Sexual Experiences
- Gente Latina Unida: Graduation Celebration

IME Events and News

Join IME's Women's History Month Committee!

The IME team would like to invite you to join our planning committee to honor Women's History Month. Would you like to share your fascinating ideas and coordinate celebrations to celebrate our community? Fill out the interest form!

[Sign Up Here!](#)



Introducing IME's Lending Library!

Need a book for class? Or a book to read for fun! Stop by IME to see our inventory of books to borrow! You can check them out for a weekend or for the entire semester. You can also use the link to check out our inventory online.

[Suite Library!](#)

Adulting While First Gen Lunch!

Tuesday, February 11

11:30-1 PM
Beth Miller Lounge

Join us for the first First Gen lunch of the semester! This event will be informal. Bring a friend, and we can chat about what the upcoming semester holds for us.

RSVP Here!

Spring 2025

**ADULTING WHILE
FIRST-GEN LUNCHES**

**FEBRUARY 11TH
11:30-1PM
AT BETH MILLER
LOUNGE**

**MARCH 18TH
11:30-1PM
AT BETH MILLER
LOUNGE**

**APRIL 8TH
11:30-1PM
AT BETH MILLER
LOUNGE**

All are welcomed to join the community and network with other First-Generation students, staff and faculty. Gain navigational skills by asking 'adulting 101' questions

Scan the QR Code to RSVP

Any Questions and/or concerns?? Email: multicultural@lclark.edu

I.D.E.A Catalyst Awards

I.D.E.A catalyst is someone who enacts change using an Inclusive, Diverse, Equitable, Accessible framework

The Emerging Leading Honor

The Excellence In Advocacy Leadership Honor

Ray Warren Outstanding Senior Honor

Kristi Williams Staff & Faculty Leadership Honor

URL: <https://tinyurl.com/IMEIDEA25>

Nominations are Due Monday, March 10th by 11:59 PM

Questions and/or Concerns?? Email: multicultural@lclark.edu

I.D.E.A Catalyst Nomination Form

The I.D.E.A. Catalyst Awards honors and celebrates undergraduate students, staff, and faculty who have demonstrated immense dedication to engaging and leading initiatives toward a more inclusive, diverse, equitable, and accessible (I.D.E.A.) L&C community. Those nominated have demonstrated their commitment through their actions, leadership pursuits, everyday conversations, and values.

Nominate
Here

GEM Gathering: Valentine's Card and Goodie Bag Making

Join us for an upcoming GEM Gathering happening next **Monday at 4:30 pm** where we can make some Valentine cards and goodie bags together.

Please feel free to email Multicultral@gmail.com with any questions or concerns.



Black History Month Events

Join IME in celebrating Black History Month! Save the dates for the various programs and events happening on and off campus during the month of February. Please email multicultural@lclark.edu or BSU@lclark.edu for further details or questions!



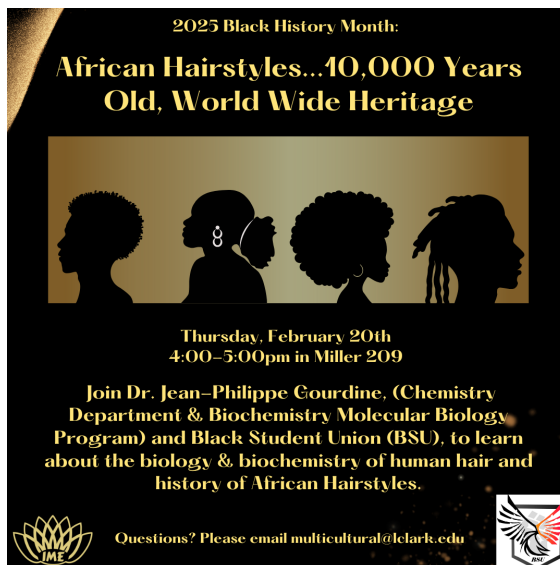
BHM: Family Feud

Tuesday, Feb. 4th
4:30-6:30pm
Gregg Pavilion

Join us in watching the ultimate battle between Faculty/Staff/Alumni and Students. Find out who knows the most popular answers to our survey question. We strongly encourage Black identifying student, staff, faculty, and alumni members to sign up to be part of the team.



RSVP
Here



BHM: African Hairstyles...10,000 Years Old, World Wide Heritage

Thursday, Feb 20th
4:00-5:00pm
Miller 209

Join Dr. Jean-Philippe Gouridine, (Chemistry Department & Biochemistry Molecular Biology Program) and Black Student Union (BSU), to learn about the biology & biochemistry of human hair and history of African Hairstyles.

BHM Dinner: Celebration of Black Art

Friday, Feb. 28th
6:30pm
Smith Hall

Join us for a night of art, fashion, food, and fun!

Dinner catered by: Yaads Style Jamaican Cuisine

Dress to Impress, optional black and gold color theme.

RSVP



More Events and News

Celebrate Lunar New Year with VSA and Chinese Club!

Vietnamese Student Association (VSA) and Chinese Club are thrilled to announce upcoming events celebrating Lunar New Year. China Night will be hosted by Chinese Club on **February 3rd** in the Bon, accompanied with Chinese food and performances. VSA and Chinese Club are collabing on a lantern making event on **February 11th**. Snacks will be provided. Anyone is welcomed to join <3

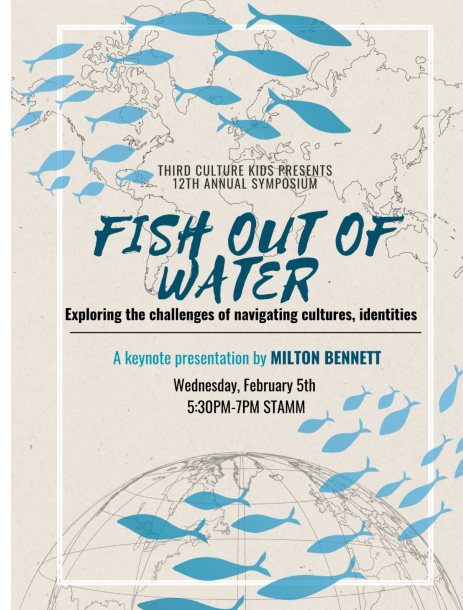
For China Night: The Bon For Lantern Making: ILC (Miller 211)



Third Culture Kids Present: 12th Annual Symposium, Fish Out of Water

Feb. 5th
5:30-7 PM
Stamm

Exploring the challenges of navigating cultures and identities. With a keynote presentation by Milton Bennett



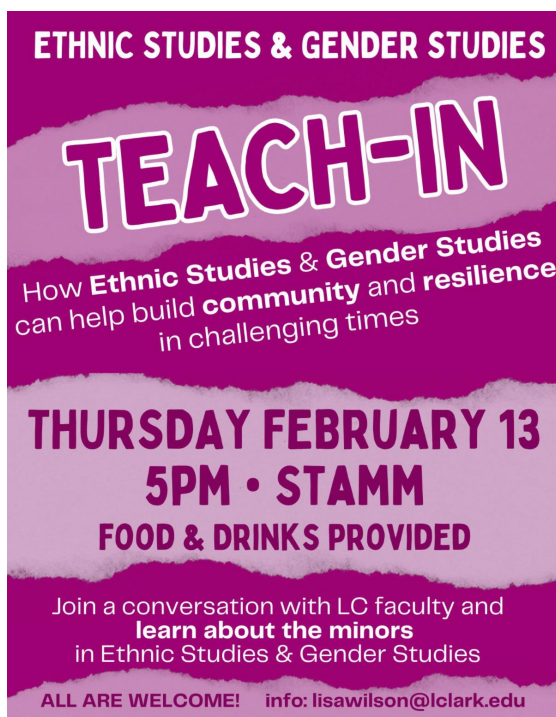
FoodCorps is Hiring!

FoodCorps Oregon is now recruiting the next class of FoodCorps AmeriCorps Members! They are currently filling positions near Hood River and Portland, with potential for more locations.

Do you or someone you know:
Have a passion for working with children?
Get excited about teaching hands-on lessons about healthy food?
Want to inspire positive changes in school cafeterias?

Feel free to reach out to Aaron Poplack our Impact Partnership Lead (cc'd), or email us directly at apply@foodcorps.org

[Apply Here!](#)



TEACH-IN: How Ethnic Studies & Gender Studies Can Help Build Community and Resilience in Challenging Times

Join us for an urgent conversation about how Ethnic Studies and Gender Studies can help us understand our current moment, build community, develop resilience, and share joy, amidst widespread challenges. Come meet the faculty and other students, and learn about the minors in Ethnic Studies and Gender Studies! All are welcome.

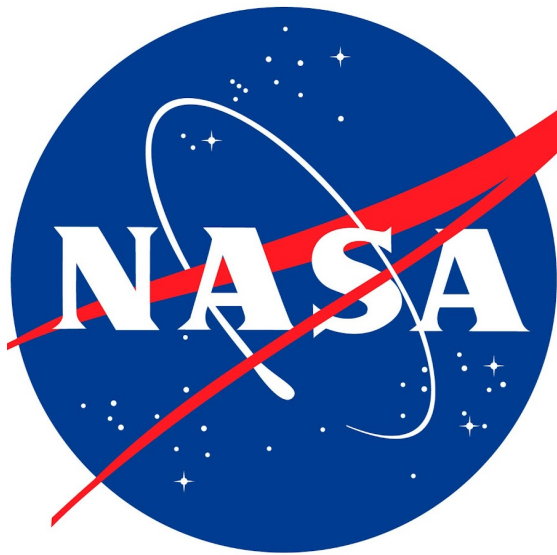
Thu Feb 13 at 5pm • Stamm • Food & drinks provided • All are welcome!

NSU x Art Club Beading Event

Come make cute bracelets, necklaces, and charms for your loved ones! Just in time for Valentine's Day! Everyone is welcomed and all materials are provided. We'll also have heart shaped cookies and snacks to keep your energy up while crafting.

Valentine's Beading Circle - NSU x Art Club Collaboration

Feb 11th. 4:00 pm to 5:00 pm - Hu Media Lounge



NASA DEVELOP program at Idaho State University

Idaho State University recruiting for our Summer 2025 term at the NASA DEVELOP Idaho location based at Idaho State University's GIS Training and Research Center (GIS TReC).

Apply between **January 13th -February 21st, 2025**. The NASA DEVELOP program is a **paid** 10-week research opportunity open to current students and recent graduates. Applicants must be able to commit to 20-29 hours.

Addressing Gun Violence Through Art & Activism

Join us in Analyzing the systemic causes of gun violence and explore visionary thinking to imagine a safer society in our two part workshops held at the **South Chapel on the Graduate Campus**.

Part 1: Dialogue and hands-on creation of a Vision Board on **February 6th from 3-6 PM**
Part 2: Reflection and presentation on **March 13th OR March 20th from 3-6**

Collective ACTION

**WHAT WE CAN IMAGINE...
WE CAN CREATE.**



Addressing Gun Violence through art and activism

Part 1: January 23 or February 6
Part 2: March 13 or March 20

Optional studio time to work on art
Jan 25, Jan 30, Feb 8, Feb 13,
Feb 20, Feb 22, Feb 28th and Mar 6

Will conclude with a public exhibition May -Nov 2025



Lewis & Clark
Graduate School of
Education and Counseling

Tinikling with Kapamilya

Join Kapamilya to learn and perform a traditional Filipino folk dance! Tinikling is beginner-friendly and will have continuous practices throughout February! We encourage you to perform with us at the International Fair on **March 1st!**

Please email kapamilya@lclark.edu for any inquiries!

[Sign Up Here!](#)



GUEST SPEAKER
AVI MELAMED
Founder of ITME - Inside the Middle East

FEBRUARY 20TH, 6PM
COUNCIL CHAMBERS

INSIDE THE MIDDLE EAST
NAVIGATING THROUGH THE STORM TO THE HORIZON'S EDGE

In the face of escalating conflicts, the Middle East stands at a historic crossroads. This pivotal briefing will guide you through the storm of challenges shaping the Middle East today.

We will delve into the dynamics fueling the expanding conflicts and evolving collaborations - exploring the roles of key state and non-state actors, including Iran, Turkey, Israel, Lebanon, Syria, Iraq, Yemen, Hamas, Hezbollah, the Houthis, and militias operating across the region.

As the conflicts intensify and multiple stakeholders pursue competing interests, understanding the core issues driving this crisis is essential. Join Avi Melamed as he dissects this complexity, offering clarity, context, and empowering insights to help you navigate these turbulent times.

hillel@lclark.edu

Inside the Middle East | Navigating Through the Storm to the Horizon's Edge

Feb. 20th

6pm

Council Chambers

The Middle East stands at a historic crossroads. In this pivotal briefing, we will delve into the dynamics fueling the conflicts and evolving collaborations - exploring the roles of key state and non-state actors, including Iran, Turkey, Israel, Lebanon, Syria, Iraq, Yemen, Hamas, Hezbollah, the Houthis, and militias operating across the region.

[RSVP Here!](#)

Gender Studies Symposium Community Planning Meetings

Hello folks!

We invite you to join us for another semester of symposium planning. Our meetings for this semester are as follows:

January 28th

February 11th

February 25th

As always, all are welcome to join and we will provide snacks! Meetings will be held in **Miller 414**. We look forward to seeing you there!



DANCE OPPORTUNITY FOR SUB SAHRAN AFRICA

Join a Sub-Saharan African dance performance! No experience needed—choreography will be taught. Rehearsals **every Saturday (1-2 hrs) from Feb 1 to March 1**. Open to all, but limited to 30 spots. Sign up by Feb 1 to celebrate the vibrant beauty of African dance and create something special together!

[Sign Up Here!](#)



Join the Sub-Saharan African Dance Performance!

The Sub-Saharan African Committee, led by Alvin Kilenga, is looking for 30 dancers to participate in an exciting performance celebrating the vibrant and diverse dance traditions of Sub-Saharan Africa, including styles from East African, West African, and South African cultures.

No prior dance experience is required! Alvin will teach all choreography from scratch. However, this is a commitment, with rehearsals every Saturday for 1 to 2 hours, starting the week of February 1st and continuing until the performance on March 1st. This opportunity is open to everyone, but spaces are limited to the first 30 participants on a first-come, first-serve basis.

The form to join will close on Saturday, Feb 1st.

If you are interested and ready to dedicate your time to this meaningful and energetic project, please fill out the form today. Let's come together as a community to celebrate the richness of African dance and culture!

2025 LSAT Scholarship Application!

The Multnomah Bar Association's Equity, Diversity & Inclusion Committee seeks to foster and expand diversity in the Multnomah County legal community and the state of Oregon. To achieve this goal, the committee awards scholarships for LSAT preparation courses to law school applicants whose future involvement in the law will enhance the diversity of our bench and bar.

[Sign Up Here!](#)

Student Counseling Center Group for Survivors of Unwanted Sexual Experiences

"Healing from Unwanted Sexual Experiences" group. Requires a pre-group appointment with group leader Melanie Langlois, LPC, during which you will meet 1:1 to review the structure & purpose of the group. The group starts early February so contact Melanie to schedule an appointment before the end of January! Email melanie.langlois@lclark.edu or call 503-768-7160. No cost. **Student Counseling Center, Lower Odell**



Spring Semester
2025

Healing from Unwanted Sexual Experiences

What: Weekly therapeutic and educational group for people who have experienced sexual trauma

When: TBD (starting in early February 2025)

Where: Student Counseling Center, Lower Odell #012

This confidential, no-cost group is open to all LC students inclusive of gender identities, sexual orientations, races/ethnicities and abilities. Survivors will have the opportunity to connect with each other in a safe, non-judgmental space and explore ways they have been impacted by and are healing from sexual trauma. We will use discussion, information and activities to share experiences, increase self-awareness and self-compassion, expand coping skills, and build resilience. *Requires a pre-group appointment (30min) to discuss the structure and purpose of the group.*

For more information or to schedule a pre-group appointment, please contact Melanie at melanie.langlois@lclark.edu



Gente Latina Unida: Graduation Celebration

Calling all seniors! Gente Latina Unida is planning our annual graduation celebration and are collecting interest for customized sarapes to wear during graduation. We strongly encourage those part of the Latine community to sign up! If you are interested, please fill out the google form so we can include you! We are tentatively planning this celebration for **May 1, 2025 from 6-9pm** in Gregg Pavilion. Reach out to glu@lclark.edu with any questions!

[Sign Up Here!](#)

Visit the IME Suite on the 3rd floor of Fowler: 9-5pm Monday to Friday

Interested in submitting something to be added to the IME Newsletter?

If you would like to submit something to be added to the IME newsletter, please fill out the form below. The IME newsletter goes out every Friday morning. All submissions to make it into the weekly newsletter must be done by Thursday at 8am or they will be put in the next week's newsletter.

[Submit to the IME
Newsletter](#)

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