



IME Newsletter Volume 27



We hope everyone had a relaxing and refreshing spring break, whether you traveled, caught up on sleep, or just took a much-needed pause. As we dive back into the semester, let's bring that renewed energy into our classes, friendships, and goals. The finish line is in sight, so stay motivated, take care of yourselves, and remember that you got this! Sending all the good vibes for a strong and successful rest of the semester.

Check out our Podcast of the week!

Podcast Recommendation of the Week!

For PDF versions and archives, visit the [IME website](#) or click [this link](#).

What's Happening

In this week's IME Newsletter:

IME Events and News

- IME's Lending Library
- 2025 IME Banquet
- ADPI Night Market

- Mindset Makeover

More Events and News

- Upcoming events for Center for Spiritual Life
- Movie Night w/ASU & Asian Studies
- The Nature Gap: Call for Voices
- Alder Elementary School Visit
- Trans Day of Visibility Panel
- Volunteer for a Meal Service at Blanchet House
- Film Screening & Dialogue with the Filmmaker: Big Mountain Legacy, Last Stories of Dineh.
- Sign Up to be a Quincenera/o!!!
- 4th Annual Transformative Action and Abolition Symposium
- Immigration Illustrated Interest Form
- ADHD Peer Connection Group
- 2025 LSAT Scholarship Application
- Student Counseling Center Group for Survivors of Unwanted Sexual Experiences

IME Events and News



Introducing IME's Lending Library!

Need a book for class? Or a book to read for fun! Stop by IME to see our inventory of books to borrow! You can check them out for a weekend or for the entire semester. You can also use the link to check out our inventory online.

Suite Library!

2025 IME Banquet

You are all invited to join IME in celebrating our peers, honoring 2025 graduates, and presenting our inclusive, diverse, equitable, and accessible (I.D.E.A) Catalyst award recipients!

Date of the Event: April 10th, 2025

Time: 5-7PM

Where: STAMM, CAS Campus

Graduates: RSVP by March 17th

General Attendees: RSVP by Tuesday, April



More Events and News



Upcoming events!

These are our upcoming events!

Roommate Speed-Meet!

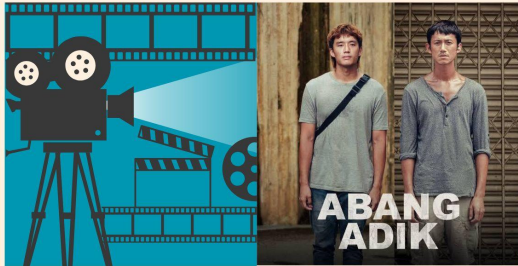
Where: Trail Room
Time: 1:00-1:30 pm
When: April 3

Tarot Night!

Where: Smith Hall
Time: 7:00 pm until the Moon Rises
When: April 3

ASIAN STUDIES X ASIAN STUDENT UNION

ABANG ADIK



ABANG ADIK, MEANING OLDER BROTHER AND YOUNGER SIBLING IS A MALAYSIAN MOVIE THAT CENTERS THE JOURNEY OF TWO BROTHERS. COME JOIN US FOR AN AMAZING FILM AND SNACKS.

APRIL 3RD, 2025
6:00PM, MILLER 102
asianstudies@lclark.edu

CONTENT WARNING:
VIOLENCE,
SEXUAL
CONTENT,
DEATH

Movie Night w/ ASU & Asian Studies


Interested in watching a critically acclaimed Malaysian-Taiwanese film while munching on your custom-made popcorn from a popcorn making machine? Join ASU and the Asian Studies department on **April 3rd in Miller 102 at 6pm** for a special filming of Abang Adik. Refer to flyer for more details!

The Nature Gap: Call for Voices

The "Nature Gap" refers to the disparities in access to nature and outdoor spaces, particularly impacting communities of color and low-income households, who are denied the physical, social, and emotional benefits of spending time in nature. The Social Change LLC is making an effort to uplift these historically underrepresented voices in the Ear Forest. We are looking for poems, personal stories, folktales, or spoken art forms reflecting the experiences of people from affected communities with nature.

Deadline is subject to change!

THE NATURE GAP: CALL FOR VOICES



Looking for poems, stories, and folktales from people of communities that have experienced historical disparities in access to nature. Works can be your own or another artists' and will be installed as an audio art piece in the Ear Forest.

If interested please see the form for more info, or fill it out by April 10.

[Sign Up Here!](#)

Alder Elementary School Visit

Interested in a mentorship opportunity? Sign up to volunteer with the Center for Social Change as we welcome a group of 3rd graders and future scholars from Alder Elementary School! As a volunteer you can lead a tour and/or host an activity to help inspire student's

dreams and ambitions! BIPOC and/or Spanish speaking students are encouraged to sign up!

More Info Here!

Queer Student Union

TRANS DAY OF VISIBILITY

THE VOICE OF WOMEN

Trans Day of Visibility or TDOV started back in 2010 by Trans advocate - Rachel Crandell.

In a time where hate and violence is extremely common towards marginalized communities, TDOV gives a space to celebrate, honor, and emphasize joy.

Please join the Queer Student Union in welcoming Juliette Liu, Emily Newberry, and Stacy Rice on April 1st to center and celebrate the voices of Trans Women.

STAMM EAST - FOWLER STUDENT CENTER APRIL 1ST 530PM TO 7PM

QUESTIONS? EMAIL QSU@LCLARK.EDU

JULIETTE LIU



Juliette Liu is a 3L at Lewis & Clark Law School from Chico, California. She spent her summer working with an LGBTQ+ community center in mid-Missouri to launch a legal name and gender change clinic and continued this work at Lewis & Clark through OUTLAW and the Q-Center. Recognizing her dedication to expanding legal access for the LGBTQ+ community, Juliette was awarded the Bill and Ann Shepherd Legal Scholarship and the Armonica Law Student Grant. She is also passionate about animal welfare and wildlife conservation and plans to pursue a career in environmental law after taking the bar this summer.

EMILY NEWBERRY



Emily Pittman Newberry is a writer, published author, and thought partner living in Portland, Oregon. She was born in the Midwest during WW II, grew up on the east coast during the rebellion against oppression and spent 30 years in the trenches as an ordinary machinist. She is fascinated by the way we dance with vulnerability as our lives intersect, and by how the rich diversity of life and the many paths we take somehow seem to lead us all home. OneSpiral Press published two of her books of poetry, *Butterfly A Rose* and *Nature Speaking*. Naturally, and most recently her memoir, *turning Inside Out*. Her latest poetry chapbook, *Signs*, was published by The Poetry Box. She hosts two podcasts, *Sacred Cyro* and *Butterfly Arise* at <https://www.baby.substack.com>.

STACEY RICE



Stacey is a speaker, educator, storyteller, and community leader on transgender issues. She has been recognized as a Queer Hero NW by the Oregon Queer History Collective and is the former Executive Co-Director of Q Center, Portland Oregon's LGBTQ+ community center. She is one of the stars of the documentary, "Who's on Top? LGBTQ's Summit Mt. Hood" which profiles four LGBTQ+ community members sharing stories of overcoming the mountains in their lives. She was also a recipient of a 2023 Oregon Humanities Community Storytelling Fellowship. More info on Stacy can be found at www.staceyrice.com.

Trans Day of Visibility Panel

Trans Day of Visibility is to honor, celebrate, and raise awareness for Trans individuals. We would not be where we are without the powerful Trans Voices from the past.

Please join QSU and FSU in honoring 3 amazing women, Juliette Liu, Emily Newberry, and Stacy Rice to not only celebrate Trans Day of Visibility but also hear and center the voices of Trans Women.

Volunteer for a Meal Service at Blanchet House

Come join the Housing and Food insecurity Cohort to volunteer at Blanchet House's dinner service. Blanchet House is a wonderful organization that provides food for anyone who walks through their door and supports the unhoused community. We will serve dinner together (no service experience necessary) and then we will eat together before being back at campus around 7pm.

Date: April 4, 8, 17, and 22

Time: 7pm, Leaving from front of Fowler (outside Bon)

Where: Blanchet House

Blanchet House

Housing and Food Insecurity Cohort Presents

WANT TO VOLUNTEER AT DINNER MEAL SERVICES?

Serve food downtown in
Blanchet House's Community café

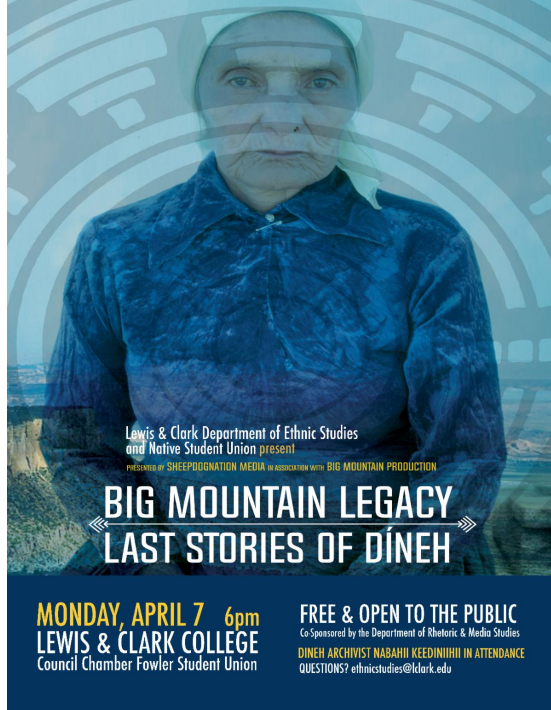
DATES: 04/03, 04/08, 04/17, 04/22
WHEN: 4:00-6:30PM.

DINNER & TRANSPORTATION
PROVIDED
SCAN THE QR NOW!!



For more information contact leadserve@lclark.edu

Register Here!



Film Screening & Dialogue with the Filmmaker: Big Mountain Legacy, Last Stories of Dineh.

A documentary 20 years in the making tells traditional Dineh (Navajo) elders' stories about living with forced relocation. Filmmaker NaBahe Katenay-Kéédínihi will be in attendance, and there will be a post-screening Q&A.

Date: April 6th

Time: 6pm

Where: Council Chambers

Co-sponsored by Ethnic Studies, Native Student Union, and RHMS

Sign Up to be a Quincenera/o!!!

Gente Latina Unida is hosting our annual Quinceñera this year and are gathering interest for Quinceñera/os. Fill out the attached form if you're interested in being one. If getting appropriate attire is an obstacle keeping you from signing up, we can help you! We strongly encourage Latine students to sign up. We'd love to have you!!!



[Sign Up Here!](#)

Immigration Illustrated Interest Form

Immigration Illustrated is a project created for the TH 285 - Playing at the Border class.

We aim to collect stories of refugees and immigrants on the Lewis & Clark campus and turn them into a comic book collective. We value the importance of art as a tool for social change, and we hope that with your willingness to tell your stories of immigration, we can increase awareness of immigrants in our community and their unique experiences.

Share Your Story
Here!

Lewis & Clark College
Case Management

**Virtual ADHD Peer
Connection Group**

Join L&C peers to
connect on the
ADHD experience

Case Management is hosting
virtual meetings each week for
students to talk about experiences
of ADHD and to share strengths,
challenges, and coping strategies.

TUESDAYS - SPRING 2025
4:30 PM TO 5:15 PM

EMAIL FOR MORE INFO:
AMBERBERGER@LCLARK.EDU

ZOOM
LINK



Lewis & Clark College
Case Management

Virtual ADHD Peer Connection Group

What:
This is a weekly group meeting for students to share experiences with
attention deficit hyperactivity disorder (ADHD) and talk about strengths,
challenges, or coping strategies. Each meeting will focus on a topic to help
direct shares, but you are welcome to share anything you like. Anyone
with an interest in the subject and an open mind is welcome to join.


Why:
These meetings will give people an opportunity to share and connect with
each other, to learn from each other, and to feel supported.

Additional Info:
To keep everyone safe, each meeting will follow some ground rules:
• Keep an open mind when listening and avoid criticizing or judging
• What is shared in meetings stays in meetings (confidentiality)
• Share your own perspectives and experiences (speak from "I")
Each meeting will be facilitated by Amber Berger, Master of Social Work
graduate student interning with Lewis & Clark Case Management.

TUESDAYS - SPRING 2025
4:30 PM TO 5:15 PM

ZOOM
LINK

ZOOM INFO
[HTTPS://GEORGEFOX.ZOOM.
US/j/87064244805](https://georgefox.zoom.us/j/87064244805)



ADHD Peer Connection Group

Case Management is hosting virtual meetings each week for students to talk about experiences of ADHD and to share strengths, challenges, and coping strategies. **Meetings will take place on Zoom, Tuesdays from 4:30pm to 5:30pm.**

Contact Amber Berger at amberberger@lclark.edu for more info.

Student Counseling Center Group for Survivors of Unwanted Sexual Experiences

"Healing from Unwanted Sexual Experiences" group. Requires a pre-group appointment with group leader Melanie Langlois, LPC, during which you will meet 1:1 to review the structure & purpose of the group. The group starts early February so contact Melanie to schedule an appointment before the end of January! Email melanie.langlois@lclark.edu or call 503-768-7160. No cost. **Student Counseling Center, Lower Odell**

Spring Semester
2025

**Healing from
Unwanted Sexual
Experiences**

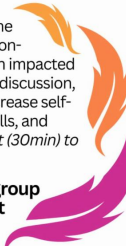

What: Weekly therapeutic and educational group for people who have experienced sexual trauma

When: TBD (starting in early February 2025)

Where: Student Counseling Center, Lower Odell #012

This confidential, no-cost group is open to all LC students inclusive of gender identities, sexual orientations, races/ethnicities and abilities. Survivors will have the opportunity to connect with each other in a safe, non-judgmental space and explore ways they have been impacted by and are healing from sexual trauma. We will use discussion, information and activities to share experiences, increase self-awareness and self-compassion, expand coping skills, and build resilience. *Requires a pre-group appointment (30min) to discuss the structure and purpose of the group.*

For more information or to schedule a pre-group appointment, please contact Melanie at melanie.langlois@lclark.edu



Visit the IME Suite on the 3rd floor of Fowler: 9-5pm Monday to Friday

Interested in submitting something to be added to the IME Newsletter?

If you would like to submit something to be added to the IME newsletter, please fill out the form below. The IME newsletter goes out every Friday morning. All submissions to make it into the weekly newsletter must be done by Thursday at 8am or they will be put in the next week's newsletter.

Submit to the IME
Newsletter

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