



IME Newsletter Volume 28



Spring is finally here!! I think we speak for everyone when I say we all deserve much-needed boost of energy as we head into the final stretch of the semester! Take a moment to soak up the sunshine between classes, breathe in the fresh air, and enjoy the season of renewal. And don't forget the Festival of Scholars is happening this Friday! Come celebrate the incredible research, creativity, and accomplishments of our fellow students. Whether you're presenting or just stopping by, it's a great way to connect, get inspired, and show some campus pride. See you there!

Check out our Podcast of the week!

Podcast Recommendation of the Week!

For PDF versions and archives, visit the [IME website](#) or [click this link](#).

What's Happening

In this week's IME Newsletter:

IME Events and News

- IME's Lending Library
- 2025 IME Banquet
- ADPI Community Lunch

- Vision Boards
- Breakfast & Cartoons Gem Gathering

More Events and News

- 2025 Ray Warren Symposium on Race and Ethnic Studies Art Show Curator Application Senior Experience - Senior Social
- BIPOC Trailblazers: Inspiring Success Stories
- Navigating Uncertainty: A Support Space for International Students
- Belonging Here and Anywhere: A Free Community Short Film Workshop Series
- Trans Support Circle
- Sip 'n' Paint: Graduate School Series
- Film Screening & Dialogue with the Filmmaker: Big Mountain Legacy, Last Stories of Dineh.
- Skincare Night
- Bloodworks Blood Drive
- The Nature Gap: Call for Voices
- Alder Elementary School Visit
- Volunteer for a Meal Service at Blanchet House
- Sign Up to be a Quincenera/o!!!
- 4th Annual Transformative Action and Abolition Symposium
- Immigration Illustrated Interest Form
- ADHD Peer Connection Group
- 2025 LSAT Scholarship Application
- Student Counseling Center Group for Survivors of Unwanted Sexual Experiences

IME Events and News



Introducing IME's Lending Library!

Need a book for class? Or a book to read for fun! Stop by IME to see our inventory of books to borrow! You can check them out for a weekend or for the entire semester. You can also use the link to check out our inventory online.

Suite Library!

2025 IME Banquet

You are all invited to join IME in celebrating our peers, honoring 2025 graduates, and presenting our inclusive, diverse, equitable, and accessible (I.D.E.A) Catalyst award recipients!

Date of the Event: April 10th, 2025

Time: 5-7PM

Where: STAMM, CAS Campus

Graduates: RSVP by March 17th

General Attendees: RSVP by Tuesday, April 8th

We currently ordered a select amount of individual pho bowls for people to eat at the Banquet. *Please make sure that you RSVP to secure a spot to receive a Pho bowl.*



IME 2025 BANQUET

"Always remember, you have within you the strength, the patience, and the passion to reach for the stars to change the world" - Harriet Tubman

Join the IME team in celebrating our peers, honoring 2025 graduates, and presenting our inclusive, diverse, equitable, and accessible (I.D.E.A.) Catalyst award recipients.



STEPHANIE FOWLER STUDENT CENTER

Date of Event: Thursday, April 10th, 2025
Time: 5:00 - 7:00 PM
Location: Stamm, Fowler Student Center, CAS Campus

Graduates: RSVP by Monday, March 17th



General Attendees: RSVP by Tuesday, April 8th

Any questions please email @multicultural.lclark.edu

RSVP Here!



questions or concerns? please email
multicultural@lclark.edu

IN CELEBRATION FOR ADPI MONTH

ADPI COMMUNITY LUNCH

April
Saturday 26 2-4PM

IME SUITE (FOWLER 3rd Floor)

ADPI stands for Asian Diaspora Pacific Islander. This heritage month usually takes place in May, but due to the academic calendar, we are choosing to honor this community in April. The IME office will be hosting a community lunch that will center the experience of ADPI identifying students. All are welcome.

RSVP
<https://forms.gle/p7MXploVym62RMt29>



ADPI Community Lunch

ADPI stands for Asian Diaspora Pacific Islander. This heritage month usually takes place in May, but due to the academic calendar, we are choosing to honor this community in April. The IME office will be hosting a community lunch that will center the experience of ADPI identifying students. All are welcome.

Please RSVP by April 21st!

RSVP Here!

Vision Boards

Join us for a fun night of Vision Board making!



VISION BOARD MAKING

CONTINUE THE YEAR WITH INTENTION! COME CREATE YOUR OWN VISION BOARD, SET GOALS, AND GET CREATIVE. WE'LL HAVE SUPPLIES, SNACKS, AND A RELAXED SPACE TO BRING YOUR IDEAS TO LIFE.



APRIL 16TH,
6:30 - 8:30 PM
AT THE IME SUITE

QUESTIONS? EMAIL MULTICULTURAL@LCLARK.EDU



GEM GATHERING



JOIN US FOR
BREAKFAST AND
CARTOONS



APRIL 12TH
IME SUITE
10:30AM - 12:30PM

Breakfast & Cartoons Gem Gathering

Come join us for a fun gathering where we can enjoy breakfast together!

More Events and News

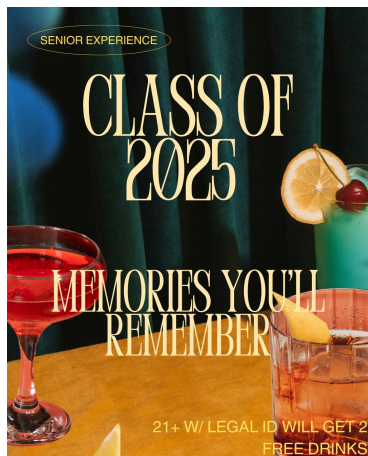
2025 Ray Warren Symposium on
Race and Ethnic Studies Art Show
Curator Application

Though the 22nd annual Ray Warren Symposium on Race and Ethnic Studies isn't until November, it's time to line up the curatorial team for the art exhibit. We're looking for 2-3 students to take on this role. No prior experience is needed, just passion and perspective!

Applications are open now and due Monday, April 21



Sign Up Here!



Senior Experience - Senior Social

Calling ALL Graduation Seniors!! THIS FRIDAY, from 7 to 10 p.m., Punch Bowl Social will host your senior social. There will be FREE drinks (alcoholic and non-alcoholic), arcade games, bowling, karaoke rooms, and tons of great food!!! (**Please bring a valid ID if you plan on drinking. There is a free 2 drink limit**)

Date: April 11th

Time: 3:40-5:10 pm

Where: Punch Bowl Social In Pioneer Square: 340 SW Morrison St. Suite 4305, Portland, OR 97204

BIPOC Trailblazers: Inspiring Success Stories

BIPOC Trailblazers – Inspiring Success Stories is a panel event celebrating diversity and inspiring L&C community to see skin color as a source of resilience and power. The event highlights the importance of representation, overcoming systemic obstacles, and uplifting underrepresented voices.

Date: April 11th

Time: 3:40-5:10pm

Where: Greg Pavilion



Amy C. Wang
Assistant Professor in
Student Affairs
Administration at
Lewis & Clark
College



Freddy Vilches
Associate Professor of
Hispanic Studies,
Section Head
Hispanic Studies



Cecilia Benenati
Instructor of
Spanish



Jean-Philippe
Assistant
Professor of
Chemistry

SACNAS X FOSA

BIPOC TRAILBLAZERS

INSPIRING SUCCESS STORIES

"Diversity is not a barrier, it is a strength."
BIPOC Trailblazers – Inspiring Success Stories is a panel event celebrating diversity and inspiring L&C community to see skin color as a source of resilience and power. The event highlights the importance of representation, overcoming systemic obstacles, and uplifting underrepresented voices.

Join us to hear from Amy Wang, Jean-Philippe, Cecilia Benenati, and Freddy Vilches, as they share their journeys

11 APRIL, 2025 | 3:40PM - 5:10 PM

Gregg Pavilion



Devoted to Advancing Hispanics,
Chicanos and Native Americans
in Science.

STUDENT COUNSELING CENTER

NAVIGATING UNCERTAINTY

A Support Space for International Students

WHERE Fowler 244

WHEN Wednesday April 9th

At 5:00 pm

Join us for a supportive space to process the uncertainty of life. We'll share tools to manage stress, build community, and navigate challenges together. Plus, there will be snacks!

Navigating Uncertainty: A Support Space for International Students

Join us for a supportive space to process the uncertainty of life. We'll share tools to manage stress, build community, and navigate challenges together. Plus, there will be snacks!

Date: April 9th

Time: 5pm

Where: Fowler 244

Belonging Here and Anywhere: A Free Community Short Film Workshop Series

Join us for a 3-part workshop series where we will create a short film on the topic of "belonging" within an ethnocultural context. Participation is open to everyone: whether you identify as being first, second, or third generation American, a third culture kid, an immigrant, biracial, or any type of experience where you have

wrestled with ethnocultural identity, all are welcome.

**BELONGING HERE
AND ANYWHERE:**
A FREE COMMUNITY SHORT FILM
WORKSHOP SERIES

Hosted by L&C students in Professor Suhaila Meera's
'Playing at the Border' class

Join us for a 3-part workshop series where we will
create a short film on the topic of "belonging"
within an ethnocultural context.

April 12th, 19th, and 26th
12pm - 3pm
Lewis and Clark College (Fir Acres Theater)

Carpools and/or rideshares to Lewis and
Clark can be arranged if needed! Visit the
sign-up form for more info



RSVP Here!

Trans Support Circle



A support group for those affected by recent
changes in gender affirming health care or
anti-trans legislation. Join our community circle
to talk about it and find support resources.

IME Suite | April 8 @ 5:30 PM

questions? contact kenjty@lclark.edu

Trans Support Circle

Join us for a supportive discussion on the impact of recent changes in gender-affirming health care and anti-trans legislation. These shifts can bring stress and uncertainty, but you are not alone. This gathering is a space to share experiences, connect with others, and access valuable resources. Let's come together in solidarity and support.

Date: April 8

Time: 5:30

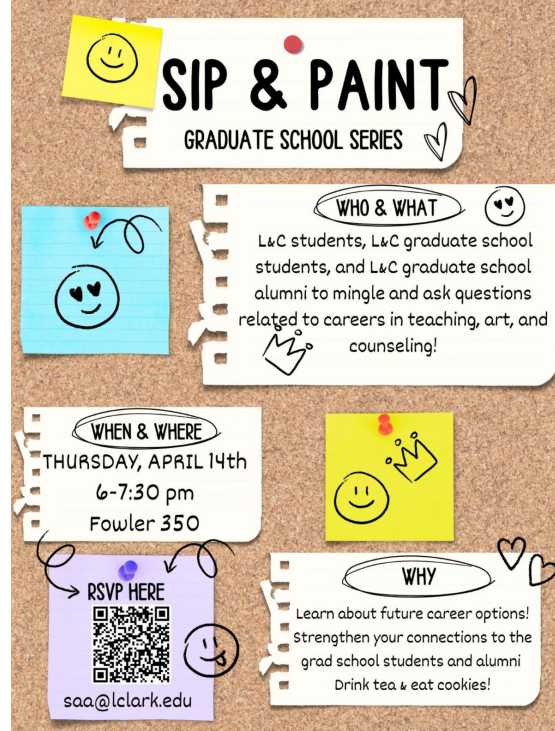
Where: IME Suite

Sip 'n' Paint: Graduate School Series

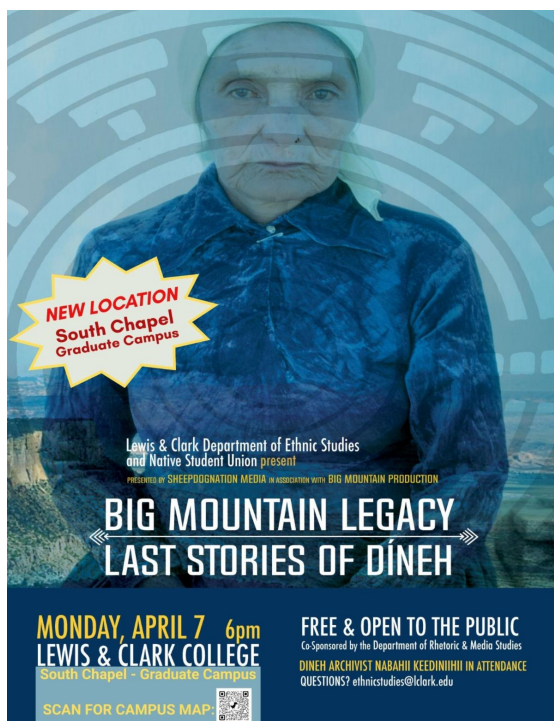
Come join the Student Alumni Association (SAA) for our Paint 'n' Sip Event with Lewis & Clark graduate school students and alumni. While sipping tea and painting you can learn about counseling, therapy, and school psychology as well as teaching, school counseling, and leadership studies.

This event is happening Monday, April

14th, 2025 from 6-7:30pm in Fowler 350.



RSVP Here!



Film Screening & Dialogue with the Filmmaker: Big Mountain Legacy, Last Stories of Díneh.

A documentary 20 years in the making tells traditional Díneh (Navajo) elders' stories about living with forced relocation. Filmmaker NaBahe Katenay-Kéédínihihii will be in attendance, and there will be a post-screening Q&A.

Date: April 7th

Time: 6pm

Where: South Chapel, Grad Campus

Co-sponsored by Ethnic Studies, Native Student Union, and RHMS

Skincare Night

For ADPI Heritage Month, IME and the ADPI planning committee is hosting a skin care night. Come by and test out some free sample skin care, have some snacks, and relax. This event is open to everyone, please rsvp with the QR code below.

Where: IME Suite

Time: 6:30-8:30

Date: April 23



RSVP Here!

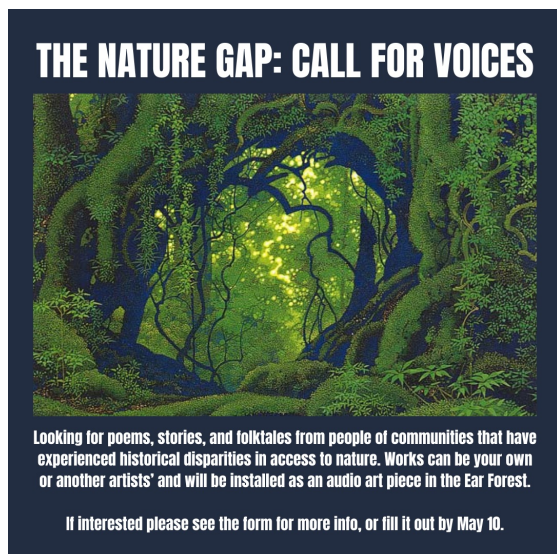
Bloodworks Blood Drive Save someone's life with a drop of your blood and earn a cord for graduation!

Where: Smith Hall

Sign Up Here!

The Nature Gap: Call for Voices

A "Nature Gap" is a disparity in access to nature, particularly in communities of color and low-income households, who are denied the physical, social, and emotional benefits of spending time in nature. Social Change LLC is working to uplift these voices in the Ear Forest. We are looking for poems, stories, or spoken art forms reflecting the experiences of people from affected communities.



Deadline is May 10!

Sign Up Here!

Alder Elementary School Visit

Interested in a mentorship opportunity? Sign up to volunteer with the Center for Social Change as we welcome a group of 3rd graders and future scholars from Alder Elementary School! As a volunteer you can lead a tour and/or host an activity to help inspire student's dreams and ambitions! BIPOC and/or Spanish speaking students are encouraged to sign up!

Forms close on April 15th!

[More Info Here!](#)

Volunteer for a Meal Service at Blanchet House

Come join the Housing and Food insecurity Cohort to volunteer at Blanchet House's dinner service. Blanchet House is a wonderful organization that provides food for anyone who walks through their door and supports the unhoused community. We will serve dinner together (no service experience necessary) and then we will eat together before being back at campus around 7pm.

Date: April 4, 8, 17, and 22

Time: 7pm, Leaving from front of Fowler (outside Bon)

Where: Blanchet House



Housing and Food Insecurity Cohort Presents

WANT TO VOLUNTEER AT DINNER MEAL SERVICES?

Serve food downtown in
Blanchet House's Community café

DATES: 04/03, 04/08, 04/17, 04/22
WHEN: 4:00-6:30PM.

DINNER & TRANSPORTATION
PROVIDED
SCAN THE QR NOW!!



For more information contact leadserve@lclark.edu

[Register Here!](#)

Sign Up to be a Quincenera/o!!!

Gente Latina Unida is hosting our annual Quinceñeara this year and are gathering interest for Quinceñera/os. Fill out the attached form if you're interested in being one. If getting appropriate attire is an obstacle keeping you from signing up, we can help you! We strongly encourage Latine students to sign up. We'd love to

have you!!!



Sign Up Here!

Immigration Illustrated Interest Form

Immigration Illustrated is a project created for the TH 285 - Playing at the Border class. We aim to collect stories of refugees and immigrants on the Lewis & Clark campus and turn them into a comic book collective. We value the importance of art as a tool for social change, and we hope that with your willingness to tell your stories of immigration, we can increase awareness of immigrants in our community and their unique experiences.


Share Your Story
Here!

 Lewis & Clark College
Case Management

**Virtual ADHD Peer
Connection Group**

Join L&C peers to
connect on the
ADHD experience

Case Management is hosting
virtual meetings each week for
students to talk about experiences
of ADHD and to share strengths,
challenges, and coping strategies.

 ZOOM
LINK

TUESDAYS • SPRING 2025
4:30 PM TO 5:15 PM

EMAIL FOR MORE INFO:
AMBERBERGER@LCLARK.EDU


 Lewis & Clark College
Case Management

Virtual ADHD Peer Connection Group

What:
This is a weekly group meeting for students to share experiences with
attention deficit hyperactivity disorder (ADHD) and talk about strengths,
challenges, or coping strategies. Each meeting will focus on a topic to help
direct shares, but you are welcome to share anything you like. Anyone
with an interest in the subject and an open mind is welcome to join.

Why:
These meetings will give people an opportunity to share and connect with
each other, to learn from each other, and to feel supported.

Additional Info:
To keep everyone safe, each meeting will follow some ground rules:
• Keep an open mind when listening and avoid criticizing or judging
• What is shared in meetings stays in meetings (confidentiality)
• Share your own perspectives and experiences (speak from "I")
Each meeting will be facilitated by Amber Berger, Master of Social Work
graduate student interning with Lewis & Clark Case Management.

 ZOOM
LINK

TUESDAYS • SPRING 2025
4:30 PM TO 5:15 PM

ZOOM INFO
[HTTPS://GEORGEFOX.ZOOM.
US/j/87064244805](https://georgefox.zoom.us/j/87064244805)


ADHD Peer Connection Group

Case Management is hosting virtual meetings each week for students to talk about experiences of ADHD and to share strengths, challenges, and coping strategies. **Meetings will take place on Zoom, Tuesdays from 4:30pm to 5:30pm.**

Contact Amber Berger at amberberger@lclark.edu for more info.

Student Counseling Center Group for Survivors of Unwanted Sexual Experiences

"Healing from Unwanted Sexual Experiences" group. Requires a pre-group appointment with group leader Melanie Langlois, LPC, during which you will meet 1:1 to review the structure & purpose of the group. The group starts early February so contact Melanie to schedule an appointment before the end of January! Email melanie.langlois@lclark.edu or call 503-768-7160. No cost. **Student Counseling Center, Lower Odell**



Spring Semester 2025

Healing from Unwanted Sexual Experiences

What: Weekly therapeutic and educational group for people who have experienced sexual trauma

When: TBD (starting in early February 2025)

Where: Student Counseling Center, Lower Odell #012

This confidential, no-cost group is open to all LC students inclusive of gender identities, sexual orientations, races/ethnicities and abilities. Survivors will have the opportunity to connect with each other in a safe, non-judgmental space and explore ways they have been impacted by and are healing from sexual trauma. We will use discussion, information and activities to share experiences, increase self-awareness and self-compassion, expand coping skills, and build resilience. *Requires a pre-group appointment (30min) to discuss the structure and purpose of the group.*

For more information or to schedule a pre-group appointment, please contact Melanie at melanie.langlois@lclark.edu

Visit the IME Suite on the 3rd floor of Fowler: 9-5pm Monday to Friday

Interested in submitting something to be added to the IME Newsletter?

If you would like to submit something to be added to the IME newsletter, please fill out the form below. The IME newsletter goes out every Friday morning. All submissions to make it into the weekly newsletter must be done by Thursday at 8am or they will be put in the next week's newsletter.

Submit to the IME
Newsletter

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