



# THE L&C BUZZ



Hi, new student!

[\*\*New Student Orientation\*\*](#) (NSO) is coming up in just over two months, and we're so excited about this year's schedule!

NSO will take place from **Thursday, August 28 to Sunday, August 31**. Your first day on campus is a big one as you start getting to know your new home.

Don't worry, there is plenty of fun to go around—our [\*\*Parents and Family Preview event\*\*](#) is a great opportunity for your biggest supporters to get to know L&C, too!

Here's a preview of some exciting NSO events!

- Academic Fair
- Stargazing
- Silent Disco
- Open Mic Night

## NSO Service Day

Another beloved orientation event is our [\*\*Service Day\*\*](#)! We partner with L&C's [\*\*Center for Social Change and Community Involvement\*\*](#) as a way to connect incoming students with Portlanders working for change.

You and your peers will participate in a massive litter cleanup across three key areas of Portland that are vital for improving our city's waterway health. Stay tuned for more information and how to register later this summer.

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## Webinar

Join our Health and Wellness webinar featuring experts from the Counseling Center, Health Center, Health Promotion and Wellness, and Case Management on **Tuesday, June 10 from 1-2 pm PDT**. Get your questions answered about campus resources and important summer tasks like immunization dates, wellness modules, and health insurance. A recording of the webinar will be made available for those unable to attend.

# Checklist Reminders

- Don't forget! By **NEXT WEEK** (June 16), you must
  - submit a student ID photo to Campus Safety,
  - complete your housing application, and
  - start the residential accommodation process (if applicable).

[New Student Checklist](#)

## Advice From a Current Student



"Coming to college is an opportunity to try new things and step outside of your comfort zone, and I encourage everyone to take advantage of it."

[Anna Ingadottir BA '26](#)

## Sneak Peek

Next week we will touch on health and wellness.

We'll connect again soon!

Office of First-Year Experience

[firstyear@lclark.edu](mailto:firstyear@lclark.edu)

503-768-7191



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