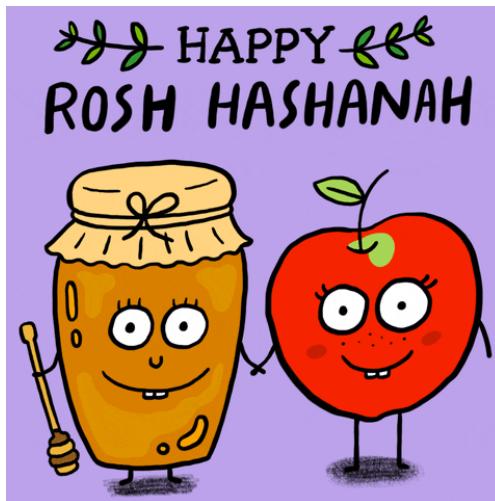




IME Newsletter Week 4



Happy Monday! As we dive into a new week, remember that IME is here as a resource for all students, whether you need a space to decompress and hang out, a quiet room to do homework, or just any questions about campus life -- please don't be shy! We are located on the third floor of Fowler (above the Beth Miller Lounge), and are open M-F from 9-5pm.

See below to learn about how IME is honoring Hispanic-Latine Heritage Month, and check out our heritage month events that are coming up! Additionally, we are gearing up for LGBTQ+ History Month, so be on the lookout for events that celebrate our LGBTQ+ community! Finally, this evening will mark the beginning of Rosh Hashanah, marking the Jewish New Year and the beginning of the High Holy Days.

For PDF versions and archives, visit the IME website or click this [link](#).

What's Happening

In this week's IME Newsletter:

IME Events and News

- Vision Board Workshop: Snip It, Stick It, See It
- IME Off-Campus LGBTQ+ Coffee Chat
- First - Gen Imposter Syndrome Workshop
- IME x OEI Power in Being

Hispanic-Latine Heritage Month

- HLHM Events
- El Tigre Fest Volunteer
- Community Cookout Dinner

More Events and News

- The Let Out
- Next Gender Studies Symposium Community Meeting!
- SACNAS Bingo Night
- Graduation Application Workshops
- Center for Social Change Open House!
- Upcoming Law School Admissions Panel
- Halo Halloween!
- Ray Warren Symposium: Student Research Showcase
- Intern and Scholarship Opportunities in Senator Merkley's Office

IME Events and News

Vision Board Workshop: Snip It, Stick It, See It

Tuesday, September 23

6:30-7:30pm

IME Suite

Join IME and GEM Mentor Rebecca for a creative and inspiring Vision Board Workshop! Using a variety of art supplies and digital tools, design a personalized vision boards that reflect your academic and personal goals for the semester or the upcoming school year!



IME Off-Campus LGBTQ+ Coffee Chat

Sunday, September 27

Taking the L&C Shuttle at 10am

RSVP by September 24

The IME office is hosting an off-campus field trip to Cafe Cinco Siete in Sellwood to begin our LGBTQ+ History Month Programming. We will be talking about LGBTQ+ experiences with individuals off campus, Emily Newberry and Stacey Rice so we encourage those who identify as LGBTQ+ to join. Stay tuned for more programming!

RSVP to Reserve a

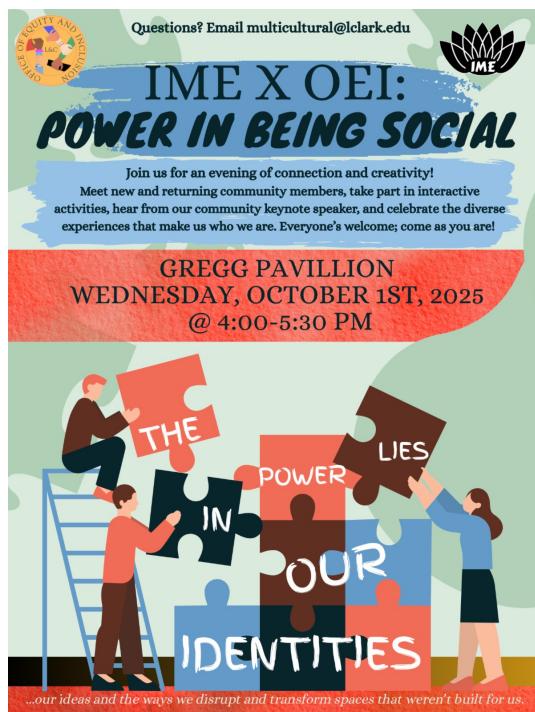
First - Gen Imposter Syndrome Workshop

Wednesday, October 1
5:00-6:00pm
Fowler 225

By this point in the semester, a lot of students start questioning if they really belong at LC or if they're doing enough—and that's totally normal.

This relaxed, judgment-free workshop is all about imposter syndrome: what it is, why it shows up, and how to deal with it. Come hang out, get some helpful tips, and remind yourself that you do deserve to be here!

All are welcome to join!



IME x OEI Community Social: Power in Being

Wednesday, October 1
4:00-5:30pm
Gregg Pavillion

Join Inclusion and Multicultural Engagement (IME) and the Office of Equity and Inclusion (OEI) for an evening of connection and creativity!

Meet new and returning community members, take part in interactive activities, hear from our community keynote speaker, and celebrate the diverse experiences that make us who we are. Everyone's welcome; come as you are!

Hispanic-Latine Heritage Month

Hispanic-Latine Heritage Month Events

Hispanic Latine Heritage Month celebrates

diverse identities across language and geography through events and activities that promote culture, community, and pride. We invite everyone to join us and learn more about the Hispanic Latine community.

Click to Learn More



El Tigre Fest Volunteer

Sunday, October 4
Cook Family Park
RSVP by September 27

Join us for an incredible opportunity to be part of El Tigre Fest! Volunteers will be able to celebrate the Latine & Hispanic culture at our IME table while engaging with community members in arts & crafts. We hope to connect and empower community members to learn about higher education, gain access to resources, and engage in arts and crafts.

RSVP to
Volunteer

Community Cookout Dinner

Sunday, October 19
Holmes Residence
RSVP Monday October 13

We are excited to invite you to our community dinner, where we aim to foster a sense of togetherness by sharing and savoring favorite dishes from different Hispanic and Latine cultures. This event provides a wonderful opportunity for individuals to showcase their culinary heritage while also experiencing the richness and diversity of Hispanic and Latine cuisine.

RSVP
Here



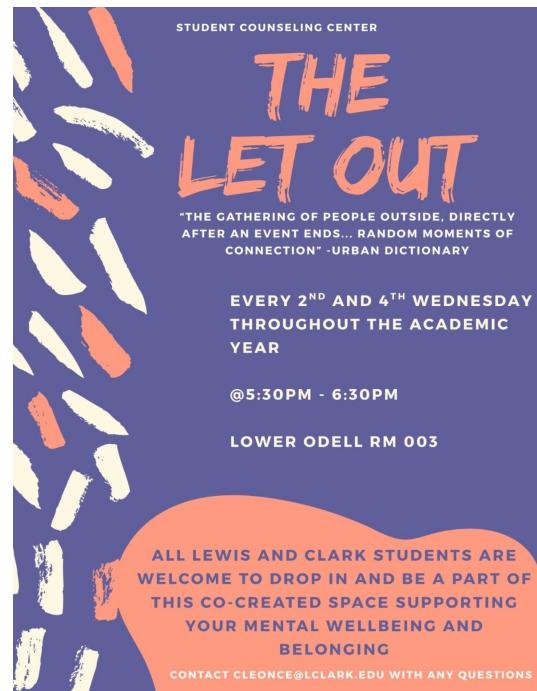
More Events and News

The Let Out

Next session: Wednesday, September 24
5:30-6:30pm
Lower Odell room 003

The Let Out is a space which centers on the BIPOC experience at college and how mental health plays a part in this experience. All are welcome to participate in this space through listening and supporting each other.

Come join Christabel during the 2nd and 4th Wednesdays of each month, 5:30-6:30pm in Lower Odell room 003.



45th Annual
GENDER STUDIES SYMPOSIUM
March 11-13, 2026

Join our community planning meetings!

DATES	TIME/PLACE
Sept. 9	3:30-4:30 p.m.
Sept. 23	Miller 414
Oct. 7	
Oct. 21	
Dec. 9	



@lcgendersymp @gendsymp@lclark.edu

Next Gender Studies Symposium Community Meeting!

Tuesday, September 23

3:30-4:30pm

Miller 414

Come to the second community planning meeting for the 45th Annual Gender Studies Symposium: RESIST NOW! Learn about ways to get involved, help brainstorm events, or chat with the co-chairs about proposal ideas. As always, snacks are free and flowing, smiles are abundant, and all are welcome. If you have any questions or concerns, please reach out to our email gendsymp@lclark.edu.

SACNAS Bingo Night

Thursday, September 25

3:30pm

IME Suite

Come learn more about SACNAS (Society for the Advancement of Chicanos/Hispanics and Native Americans in Science)—our mission, community, and opportunities—while enjoying some fun activities and a chance to win exciting prizes.

Everyone is welcome!! Whether you're interested in STEM, building community, or simply curious about SACNAS!



For more information, email us at: sacnas@lclark.edu

PLANNING TO GRADUATE IN MAY 2026?

PRIORITY DEADLINE: OCT. 1

FINAL DEADLINE: OCT. 15

(Submit by Oct 1 for feedback before spring class registration in November)

GRAD APPLICATION WORKSHOPS

MONDAY, SEPT. 29 @ 3PM
JR HOWARD 123

TUESDAY, SEPT 30 @ 3PM
MILLER 305

Come to a workshop to get your questions answered immediately and complete your grad application.

BRING A LAPTOP!

Graduation Application Workshops

Monday, September 29 at 3:00pm in JR Howard 123

Tuesday, September 30 at 3:00pm in Miller 305

The College Advising Center and the Registrar's Office are co-hosting two workshops before the deadline to assist seniors with their graduation applications.

Come to a workshop to get your questions answered immediately and complete your grad application!

BRING A LAPTOP

Center for Social Change Open House!

Friday, September 26

2:00-5:00pm
Fowler 321

Join us for FREE churros, snacks, games, and so much more!

Learn exciting volunteer opportunities, upcoming events, and ways to make an impact this Fall Semester.

OPEN * SEPTEMBER 26. 2025

Center for Social Change
Community Involvement

THE CENTER FOR
CHURROS, SNACKS, GAMES,
AND SO MUCH MORE!

Learn about our upcoming events for this Fall semester!

If you have questions, contact: leadserve@lclark.edu

Take-down: 09/27/2025

HOUSE
FOWLER 321
2 PM - 5 PM

PRESENTED BY LEWIS & CLARK'S
PRE-LAW PHI ALPHA DELTA CHAPTER

PHI ALPHA DELTA
LAW FRATERNITY INTERNATIONAL

LAW SCHOOL ADMISSIONS PANEL

POSE QUESTIONS TO AN EXPERT PANEL ABOUT LAW SCHOOL APPLICATIONS AND LIFE IN LAW SCHOOL

JOIN US IN
MCCARTHY ROOM 2 ON THE
L&C LAW CAMPUS
SEPTEMBER 30TH AT 6:00PM

BRING YOUR QUESTIONS AND CURIOSITY

ΦΑΔ

EMAIL LC23-0372@LCLARK.EDU
WITH QUESTIONS OR CONCERN

RSVP HERE: 

Halo Halloween!

Wednesday, October 1
7:00-8:30pm
Tamarack Lounge

From Kapamilya Filipino Student Club:
Halo halo, literally meaning "mix mix", is a beloved traditional Filipino dessert with shaved ice, ube ice cream, leche flan, jellies, and more tasty mix-ins. Come join us for our kickoff event for Filipino American History Month (and spooky season)!

We are looking for some volunteers to

Upcoming Law School Admissions Panel

Tuesday, September 30
6:00pm
McCarthy room 2
L&C Law Campus

Please join us for this valuable opportunity to learn more about the law school application process from an expert panel, including faculty and current students at Lewis & Clark Law School.

help serve Halo Halo, please see the RSVP form if you can help.

RSVP and
Volunteer



Ray Warren Symposium: Student Research Showcase

RWS invites undergraduate students from all departments to submit their research on race and ethnicity for the annual multidisciplinary panel, related to this year's symposium's central theme, "Sowing Resistance".

Apply through the Google Form by Sunday, October 12 at 6 pm

For more info, email rwchairs@lclark.edu

Submit Your Research

Intern and Scholarship Opportunities in Senator Merkley's Office

Senator Merkley's office offers in-person, hybrid, and remote internships for college students and others looking to gain experience working with a Senate office in Washington, D.C., Oregon, or remotely. Scholarships are available to those seeking financial support for the opportunity. Individuals from all majors and backgrounds are encouraged to apply.

Learn More
Here

Visit the IME Suite on the 3rd floor of Fowler: 9-5pm Monday to Friday

Interested in submitting something to be added to the
IME Newsletter?

If you would like to submit something to be added to the IME newsletter, please fill out the form below. The IME newsletter goes out every Friday morning. All submissions to make it into the weekly newsletter must be done by Monday at 9am or they will be put in the next week's newsletter.

[Submit to the IME
Newsletter](#)

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