



IME Newsletter Week 13



Happy Monday! We are so close to break -- keep going! This week, the United States celebrates Thanksgiving, a holiday that glorifies our history of colonization. We encourage everyone to [learn about how you can decolonize Thanksgiving](#), whether you have been celebrating Thanksgiving for years or this is your first time. The IME Suite will be closed over break, but we will be hosting a Day of Eating on Saturday -- see below for more information.

For PDF versions and archives, visit the IME website or [click this link](#).

What's Happening

In this week's IME Newsletter:

IME Events and News

- 2025 IME x Campus Living x Center for Social Change: Community Dinner
- The Script Internship Information Session
- First Gen Table Talks
- (Returning) Home
- GEM Winter Wonderland
- Seeking Student Activist Voices for the 2026 MLK Panel

Indigenous Peoples' Heritage Month

- Contemplative Resilience Workshop
- Native Student Union Soup Soiree

More Events and News

- The Nest Resource Center Opens!
- ISLC Friendsgiving Event

- The Gratitude Project
- Learn Bachata and Cumbia

Opportunities

- Get involved with Affinity Student Orgs!
- The Organizing Committee of the 61st International Fair is recruiting! & Logo Contest
- LSAT Preparation Course Diversity Scholarship

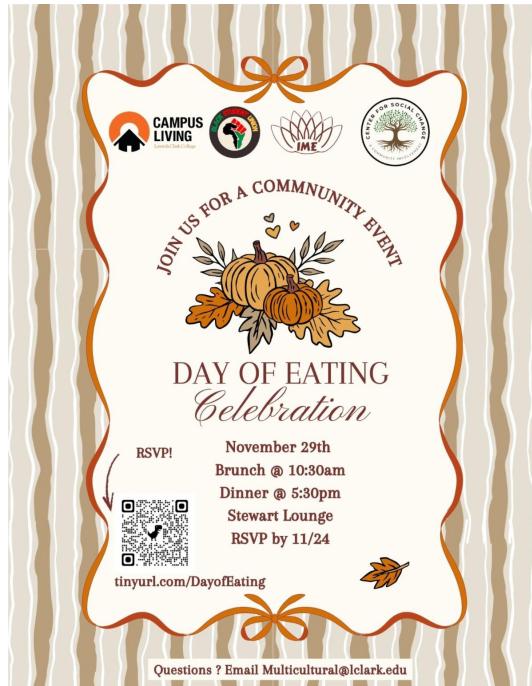
IME Events and News

2025 IME x Campus Living x Center for Social Change: Community Dinner

Saturday, November 29
5:30pm
Stewart Main Lounge

Staying on campus for the holiday break? You're invited to join us for a cozy community dinner filled with great food and friends! Let's come together to celebrate the season of gratitude in community—you deserve it!

RSVP
Here



The Script Internship Information Session

Tuesday, December 2
2:00-3:00pm
IME Suite

Open the door to paid, full-time summer internships designed specifically for students with underrepresented backgrounds entering freshman to senior years. They will connect you with peers who share your journey, access career development events, and participate in mock-interviews to prepare for the real thing. We'll match you with top Oregon companies eager to invest in your professional growth.

RSVP
Here

First Gen Table Talks

Tuesday, December 2
3:30-5:00pm
Beth Miller Lounge

Enjoy some free food and engage in a monthly community/networking informal meeting with other First-Generation students, staff, faculty, and those just interested in learning more. Gain navigational skills by asking 'adulting 101' questions!

Guests: Gaby Herrmann (Case Management) and Anastacia Dillon (Financial Aid)

[RSVP
Here](#)



(Returning) Home

Tuesday, December 2
7:00-8:00pm
IME Suite

Join Mentors Rosa, Alondra, Nkeletso, and Christianah for their Community Connect: (Returning) Home. Are you staying on campus or going home, or visiting a friend for winter break? Come talk and decompress about your semester with a Hot Chocolate Bar!

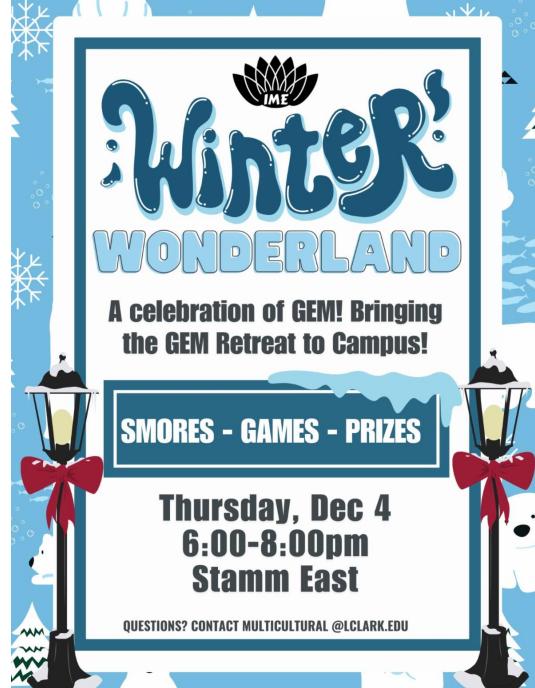
GEM Winter Wonderland

Thursday, December 4
6:00-8:00pm
Stamm East

Remember the GEM Retreat? Whether you loved it or missed it, here's your chance to jump back into the fun! Join us on December 4th from 6-8:00 pm for

GEM Winter Wonderland!

Make s'mores, play games, win prizes, and celebrate the end of the year with your GEM family. Come chill with us, bring your friends, and enjoy all the cozy winter vibes. We can't wait to see you there!



Seeking Student Activist Voices for the 2026 MLK Panel

IME is seeking student leaders and activists to join our 2026 MLK Panel: "United We Stand: Acts of Civil Disobedience in Solidarity." We're looking for students engaged in advocacy, mutual aid, or organizing who want to share their insight. Interested or want to nominate someone? Email multicultural@lclark.edu. This is a compensated student opportunity.

Indigenous Peoples' Heritage Month

November is Indigenous Peoples' Heritage Month!

During November, we honor and celebrate the culture, traditional practices, and customs of Indigenous peoples. With many Indigenous peoples spread over many countries worldwide, we take this month to recognize the stories of all Indigenous peoples. Please see our website to learn more about each specific event!

[Learn More About IPHM Events!](#)

Contemplative Resilience Workshop

Wednesday, December 3
4:00-5:30pm
Meditation Room, Center for Spiritual Life

Join Psychology instructor, Sarina Saturn in a restorative and regenerating space! We will be practicing mindfulness and

CONTEMPLATIVE RESILIENCE WORKSHOP: THE NEUROSCIENCE OF HEALING AND RESTORATION



JOIN PSYCHOLOGY INSTRUCTOR SARINA SATURN IN A RESTORATIVE AND REGENERATING SPACE. THIS WORKSHOP IS GROUNDED IN CONTEMPLATIVE PRACTICES AND NEUROSCIENCE TO SUPPORT PARTICIPANTS IN STRENGTHENING INTERNAL RESILIENCE WHILE DEEPENING THEIR CAPACITY FOR COMPASSION AND CONNECTION.

WEDNESDAY, DECEMBER 3RD

4-5:30PM

MEDITATION ROOM, CENTER FOR SPIRITUAL LIFE

AFTER THIS EVENT, JOIN NSU IN A SOUP SOIREE FOR TRADITIONAL NATIVE AMERICAN SOUP AND STEW! 6-7:30PM IN THE IME SUITE



Questions? Email Multicultural@lclark.edu

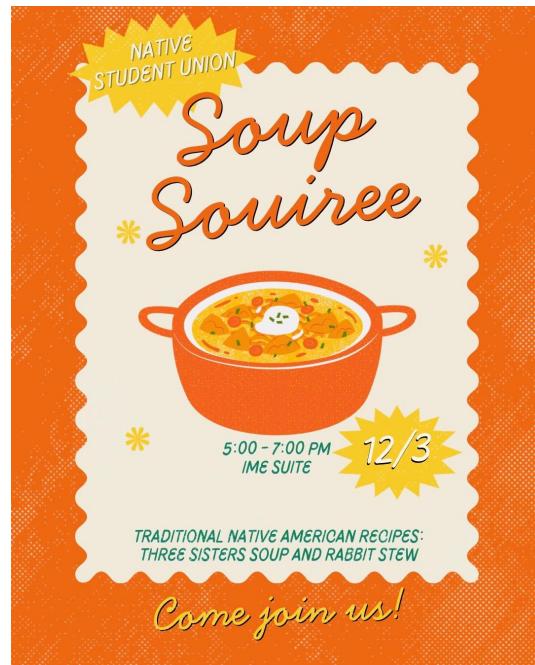
meditation in order to strengthen our internal resilience. We will have self-care items for folks to take with them post-event.

Attendees are encouraged to join NSU for their Soup Soiree after this event!

Native Student Union Soup Soiree

Wednesday, December 3
6:00-7:30pm
IME Suite

On December 3rd the Native Student Union is hosting a Soup Souiree in the IME Suite. Come by to try some delicious Native soup recipes of three sisters soup and rabbit stew! Event will take place from 6-7:30pm.



More Events and News

The Nest Resource Center Opens!

The Nest, Lewis & Clark's resource center located on undergrad campus in Roberts 112, is opening up starting the week of November 3rd! It is available to Law students, Grad students, and Undergrad students

The Nest offers a clothing swap closet, food pantry, resources, textbooks, and much more.



Roberts 112 hours will be open 10am-10pm. If you have any questions, please email thelcnest@gmail.com.



ISLC Friendsgiving Event

Friday, November 28

5:00-8:00

Gregg Pavilion

Are you staying on campus over Thanksgiving Break? Come join us for a meal and celebrate our community on November 28th from 5 to 8 PM at the Gregg Pavilion. To ensure we have enough food for everyone, please fill out the RSVP form by Friday, November 21st. This event is co-sponsored by ISLC, VPSL and Forest RAs.

RSVP
Here

The Gratitude Project

Friday, December 5

6:30-7:30pm

Fowler 350

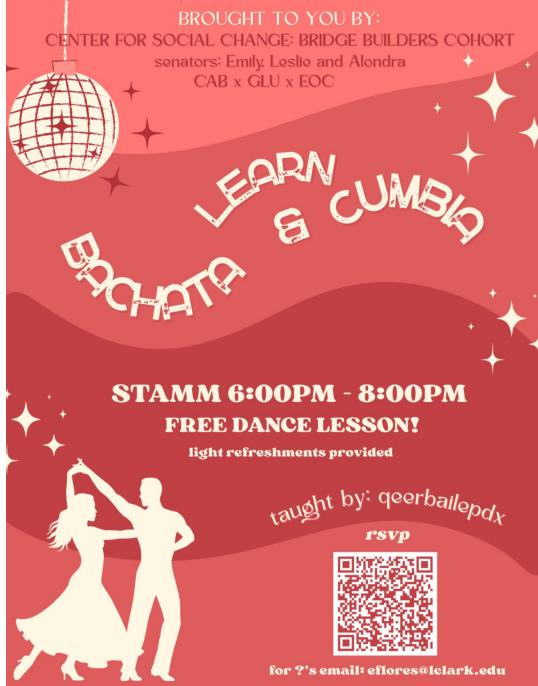
What does "thank you" mean to you? Join the Center for Spiritual Life in exploring gratitude. We're choosing 25 people for a gratitude journey. We'll give you a gift, and you'll give it away. Saying "thank you" is more than words - it's action.

Participate in our passion video!



Learn Bachata and Cumbia

Tuesday, December 9



6:00-8:00pm
Stamm

Join the Center for Social Change's Bridge Builders Cohort, GLU, CAB, and Senators Emily, Leslie, and Alondra for a fun night of dancing and learning. Come learn bachata and cumbia for free with QueerBailePDX! Learn the history of these dances, enjoy some refreshments, and have some fun as we all learn together!

RSVP
Here

Opportunities

Get involved with Affinity Student Orgs!

Looking to gain some leadership experience?! Consider taking on a leadership role in one of our many Affinity-based student orgs. We are currently seeking additional student leaders in the Adoptee Club, Asian Student Union, Native Student Union and Queer Student Union. See the link to express interest and to learn more!

Express Interest
Here

CALLING ON NEW LEADERS!

GET INVOLVED!



Learn more about all our Affinity Student Orgs by emailing
multicultural@lclark.edu

WE ARE SEEKING NEW LEADERS FOR:

Adoptee Club (adopteeclub@lclark.edu)

Asian Student Union (asu@lclark.edu)

Native Student Union (nsu@lclark.edu)

Queer Student Union (qsu@lclark.edu)



express your interest here by 1/23!
tinyurl.com/
2025LeaderInterest

The Organizing Committee of the 61st International Fair is recruiting!

Have a culture you would want to share? Want to play a part in the annual International Fair? Join us as a Region Chair or General Volunteer (Country Representative) to make the 61st International Fair unforgettable! ALL are invited to sign up!

Volunteer Sign Up

Region Chair Sign Up

61st International Fair Logo Contest

We invite you to submit a designed logo under the theme "World Canvas" to be used on

the t-shirts and throughout the fair.

[Submit a Design
Here](#)

LSAT Preparation Course Diversity Scholarship

The Multnomah Bar Association Equity, Diversity & Inclusion Committee fosters diversity by awarding scholarships for LSAT preparation to law school applicants whose future involvement in the law will enhance diversity and inclusion in the Oregon legal community. Open to applicants attending college in Oregon or Vancouver, Washington, or with other substantial ties to the state of Oregon. Email: mbalsat@mbabar.org with any questions or concerns.

Deadline is Friday, March 20, 2026. Applicants should email their completed applications to mbalsat@mbabar.org, or send them by regular mail to: MBA Equity, Diversity & Inclusion Committee/LSAT Scholarship, 620 SW Fifth Ave., Suite 1220, Portland, OR 97204

[Learn More and Apply
Here](#)

Visit the IME Suite on the 3rd floor of Fowler: 9-5pm Monday to Friday

**Interested in submitting something to be added to the
IME Newsletter?**

If you would like to submit something to be added to the IME newsletter, please fill out the form below. The IME newsletter goes out every Friday morning. All submissions to make it into the weekly newsletter must be done by Monday at 9am or they will be put in the next week's newsletter.

[Submit to the IME
Newsletter](#)

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