



IME Newsletter Week 2



Happy Monday, everyone! We hope that your first week of classes went smoothly. As we ease into the semester, please remember that IME is here as a resource for you! Come do homework or just hang out in the suite Mondays-Fridays from 9am-5pm. Additionally, this week, Lewis and Clark College continues to honor Dr. Martin Luther King, Jr. and his legacy of civil rights advocacy. Read more below for how you can take part in honoring this week on campus. Additionally, check out this article for a brief history of Dr. King, titled ["Most Americans don't know the real Martin Luther King Jr."](#)

For PDF versions and archives, visit the IME website or click this [link](#).

What's Happening

In this week's IME Newsletter:

IME Events and News

- I.D.E.A Catalyst Award Nominations
- GEM Mentor Applications are OPEN!
- Rosa Parks Monologue: A Catalyst in the New World
- GEM Gathering: S'mores & Cocoa
- Lending Library
- Stay Connected with IME's Google Calendar

MLK Week: January 19-24

- United We Stand: Dr. King Dinner & Panel
- Ethnic Studies & Gender Studies Teach-In

More Events and News

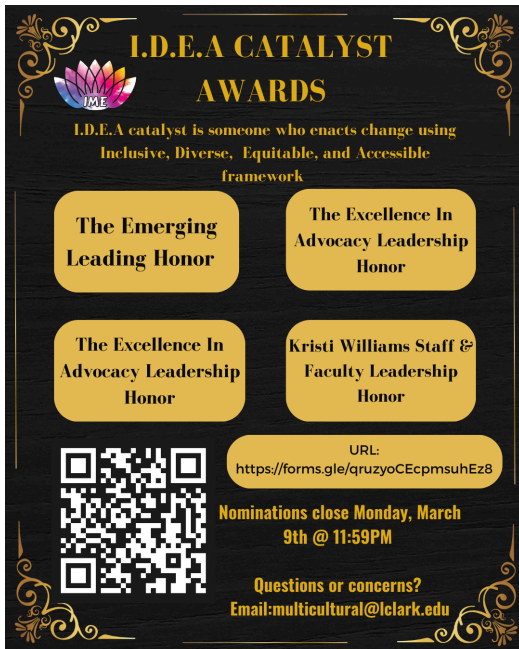
- Halal Dinner Talk with Muslim Judge Kasubhai

- Gender Studies Symposium: Community Meeting & Sticker Design Contest
- Valentines Week Serenatas
- Join a Jam with Professor Freddy Vilches
- Healing from Unwanted Sexual Experiences Therapy Group
- Awakened Awareness: Get Paid \$25 To Learn Mindfulness Techniques
- The Studio: a Multifaith Storytelling Project (Open To Agnostics And Atheists Too!)

Opportunities

- Internship Opportunity with the African American Alliance for Homeownership (AAAH)
- Oregon Post Adoption Resource Center Internships!
- Internship Opportunity with Senator Merkley

IME Events and News



I.D.E.A CATALYST AWARDS

I.D.E.A catalyst is someone who enacts change using Inclusive, Diverse, Equitable, and Accessible framework

The Emerging Leading Honor

The Excellence In Advocacy Leadership Honor

The Excellence In Advocacy Leadership Honor

Kristi Williams Staff & Faculty Leadership Honor

URL: <https://forms.gle/qruzyoCEcpmsuhEz8>

Nominations close Monday, March 9th @ 11:59PM

Questions or concerns? Email: multicultural@lclark.edu

I.D.E.A Catalyst Award Nominations

Nominate someone who embodies IME's I.D.E.A. Catalyst values—someone who drives change through inclusive, diverse, equitable, and accessible practices. Award recipients show commitment through their actions, leadership, and daily interactions, fostering belonging and uplifting underrepresented voices.

Nominations close Monday, March 9th at 11:59pm.

Nominate Someone for an Award!

GEM Mentor Applications are OPEN!

Are you looking for an on-campus leadership opportunity for the 2026-2027 academic year? Consider applying to become a GEM mentor! We highly encourage first-generation college students and/or students of color to participate in this program. All are welcome to apply!

Priority consideration will be given to those who apply by Monday, February 9th at 8am.

Apply Here!



GREAT EXPECTATIONS MENTORSHIP PROGRAM

APPLY TO BE A 2026 - 27 GEM MENTOR

What Do GEM Mentors Do?

- Provides mentorship to new L&C students
- GEM focuses on the experiences of historically underrepresented students. All are welcome to apply
- Have fun while making a lasting impact!

Apply by Monday, Feb 9th, for priority consideration!

<https://tinyurl.com/2026GEMTeam>

Email: Multicultural@lclark.edu for questions!

STANDING OVATIONS
Inclusion & Multicultural Engagement presents

ROSA PARKS: A CATALYST IN THE NEW WORLD!
a powerful monologue performance by Shandra L. Terry



As we commemorate more than 70 years of the Montgomery Bus Boycott, Shandra L. Terry becomes Rosa Parks, mother of the Civil Rights Movement, in this powerful and highly interactive one-woman show.

Wednesday, February 4
Black Box Theatre
Show at 7pm, Doors open 6:30
Space is limited for first come, first seated

Thank you to our sponsors!
Ethnic Studies, Rhetoric & Media Studies, General Education, Theatre,
Office of Equity & Inclusion, Athletics, History, and Dean's Office
Questions? Email multicultural@lclark.edu

Rosa Parks Monologue: A Catalyst in the New World

Wednesday, February 4
Show at 7pm, Doors open 6:30pm
Black Box Theatre

Join us for a powerful Rosa Parks Monologue honoring Black History Month—a moving performance that brings to life the courage, resistance, and strength that sparked a movement. Come reflect, learn, and be inspired by the legacy of a woman who changed history by staying seated.

Open to all students. Space is limited to first-come, first-served.

GEM Gathering: Smores & Cocoa

Wednesday, February 4
5:00-6:00pm
IME Suite

Join Mentor Luz's GEM Gathering: Smore's & Cocoa to celebrate the start of the semester with warm chocolatey goodness! We'll enjoy s'mores and hot chocolate together. We hope to see you there!



GEM Gathering with Mentor Luz

IME

s'mores & cocoa

TO CELEBRATE THE START OF THE SEMESTER

FEBRUARY 4 AT 5:00 PM

ANY QUESTIONS?
MULTICULTURAL@LCLARK.EDU



Lending Library

Need a book for class? Want a fun read to relax?! We welcome you to check out our Lending Library to see if we have it!

[Check Out Our Inventory](#)

Stay Connected with IME's Google Calendar

Want to know when the next IME event is happening? Or when Joann or Kai are hosting drop-in office hours?! Add the IME Google Calendar to your Google profile!

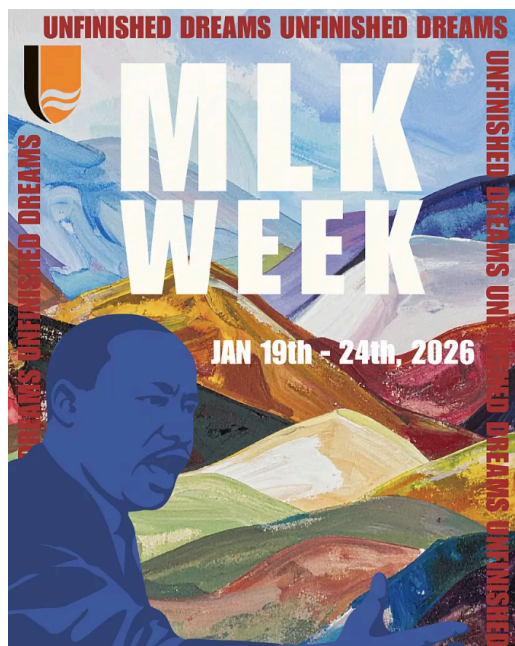
[Access IME's Google Calendar Here](#)

MLK Week: January 19-24

Celebrate MLK Week!

Join the L&C community as we honor Dr. Martin Luther King. Learn from bestselling author Carol Anderson on the Strangling of American Democracy, participate in a Create and Sip night, Service day, and IME's Dinner & Panel. See the link to learn more.

[Full List of MLK Week Events](#)



Dr. King

United We Stand: Acts of Civil Disobedience in Solidarity

DINNER & PANEL

January 27th, 2026 at 4pm
Stamm East

Join us for a conversation about Dr. King's legacy and collective action in academic spaces. Through panel discussion and small-group dialogue, we'll explore how our community can stand together, respond to injustice, and build a more equitable Lewis & Clark.





Dr. Reiko Hillyer,
Author & Associate Professor of History

Teresa Raiford,
Founder of Don't Shoot PDX

Christiana San Diego '27,
Student Leader & Activist

RSVP by Jan. 22nd!



tinyurl.com/2026MLKPanel

QUESTIONS? ACCOMMODATIONS?
EMAIL MULTICULTURAL@LCLARK.EDU




United We Stand: Dr. King Dinner & Panel

Tuesday, January 27
4:00pm
Stamm East

Join us for "United We Stand: Acts of Civil Disobedience in Solidarity," a panel discussion honoring Dr. Martin Luther King Jr.'s legacy by exploring how collective action and courage can propel communities toward equity and justice.

[RSVP Here by Jan 22](#)

Ethnic Studies & Gender Studies Teach-In

Wednesday, January 28
5:00-7:00pm
Smith Hall

Join the faculty from Ethnic Studies and Gender Studies for a Teach-In to learn about the ways that these two programs connect with the life and legacy of Dr. Martin Luther King, Jr. through a discussion of Kellie Carter Jackson's book *We Refuse: A Forceful History of Black Resistance*.

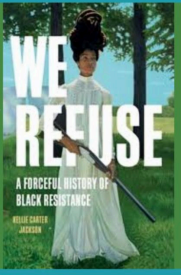
[Learn More Here](#)

MLK WEEK 2026 ETHNIC STUDIES & GENDER STUDIES 3RD ANNUAL TEACH-IN

BLACK RESISTANCE PAST & PRESENT

Discussion of
We Refuse: A Forceful History of Black Resistance by Kellie Carter Jackson

+
Info about the
Ethnic Studies & Gender Studies
programs and symposia



WED JANUARY 28

2:30-5PM **FREE SOCIETY PEOPLE'S LIBRARY
BOOKMOBILE OUTSIDE WATZEK**

5:00-7PM **PANEL & DISCUSSION IN SMITH HALL
+FOOD/DRINKS**

ALL ARE WELCOME! info: lisawilson@lclark.edu

More Events and News



Halal Dinner Talk with Muslim Judge Kasubhai

Tuesday, February 3

5:30-7:00pm

Stamm

The Muslim Student Association and the Center for Spiritual Life, in coordination with Law faculty Tabrez Ebhraham, invite the Lewis & Clark community to a halal dinner talk and Q&A with the first Muslim to serve as a federal judge in the United States, Judge Kasubhai. **Please RSVP on LiveWhale by the end of the day on Tuesday, Jan. 27** so we can plan for catering.

[Learn More and RSVP Here](#)

Gender Studies Symposium Announcements



Community Meeting

Tuesday, January 27

3:30-4:30pm

Miller 414

Our first spring community meeting is this coming Tuesday! Come learn about this year's symposium and the ways you can get involved. No previous experience or involvement with the Gender Studies program or symposium is required. Snacks provided! Reach out with any questions or concerns to gendsymp@lclark.edu.



Sticker Design Contest

The sticker design contest for the 45th Annual Gender Studies Symposium is still open for submissions! All current L&C students are encouraged to design a sticker that captures this year's theme of "RESIST NOW!"

For more information on design and submission guidelines, please see the attached form. Visit our symposium website or email gendsymp@lclark.edu with any questions!

[Learn More and Submit a Design Here](#)



Valentines Week Serenatas

Bring out your inner romantic by booking a serenade for someone (or yourself) . We will be booking serenades from February 7th to the 14th. In order to ask someone to be your Valentine or celebrate Valentine's Day. Check out our flyer bd Google Form for further information on booking. The deadline to book us is February 7th, in order to prepare a best as possible.

[Book a Serenata](#)

Join a Jam with Professor Freddy Vilches

Thursday, February 19
5:00pm
Platt Main Lounge

Join RA Judith and Professor Freddy Vilches from the Latin American and Music departments to learn about the different ways in which music and culture influenced Freddy's work. Additionally, create a song alongside him. It is recommended to bring your own instrument, but if you don't have access to instruments, we have few available for those who would like to come and play alongside us.



Spring Semester
2026

Healing from Unwanted Sexual Experiences

What: Weekly therapeutic and educational group for people who have experienced sexual trauma

When: TBD (starting in early February 2026)

Where: Student Counseling Center, Lower Odell #012

This confidential, no-cost group is open to all LC students inclusive of gender identities, sexual orientations, races/ethnicities and abilities. Survivors will have the opportunity to connect with each other in a safe, non-judgmental space and explore ways they have been impacted by and are healing from sexual trauma. We will use discussion, information and activities to share experiences, increase self-awareness and self-compassion, expand coping skills, and build resilience. *Requires a pre-group appointment (30min) to discuss the structure and purpose of the group.*

For more information or to schedule a pre-group appointment, please contact counsel@lclark.edu



Healing from Unwanted Sexual Experiences Therapy Group

The Student Counseling Center is offering a weekly therapy group starting in Feb for people who have experienced sexual trauma. It is led by Melanie Langlois, LPC; is no-cost, and open to all LC students.

It requires a pre-group 30-minute appointment with Melanie to discuss the structure and purpose of the group. If interested, please email counsel@lclark.edu or call 503-768-7160 by Jan 30th.



[Learn More Here](#)

For more information, please email:
Hilary Martin Himan
(hmhiman@lclark.edu)
Director of Spiritual Life and Chaplain to all

Awakened Awareness- Get Paid \$25 To Learn Mindfulness Techniques

Begins January 29
3:30-5pm
Gregg Pavilion

Join the Spring Cohort of Awakened Awareness! Participants engage in an 8 week evidence-based curriculum designed by neuroscientist Dr. Lisa Miller from Teachers College, Columbia University. Engage in mindfulness techniques, experience guided meditations, and discuss spiritual concepts. Learn tools and strategies to reduce anxiety, depression, and post-traumatic stress and find ease and meaning.

The Studio: a Multifaith Storytelling Project (Open To Agnostics And Atheists Too!)

Wednesdays, Jan. 28 - Mar. 4
6:15-7:45pm
Prayer and Meditation Room, Lower
Level of Agnes Flanagan Chapel

Be part of an intentional cohort for 6 weeks and ask, "Where am I most at home?" and "Where am I my fullest self?" in conversation with Malcolm X, Rabbi Heschel, Mary Oliver, Ocean Vuong and others. Get a \$25 gift card and free weekly meal for participating.



For more information, please email Hilary Martin Himan, Director of Spiritual Life and Chaplain to all
(hmhiman@lclark.edu)

[For More Information](#)

Deadline to RSVP is Monday, Jan. 26th.

[To RSVP](#)

Opportunities

Internship Opportunity with the African American Alliance for Homeownership (AAAH)

The African American Alliance for Homeownership (AAAH) is seeking a Social Media Intern! Click on the link to learn more. Be sure to connect with the Career Center if you need help with applying and interviewing!

[Learn More Here](#)

Oregon Post Adoption Resource Center Internships!

Oregon Post Adoption Resource Center (ORPARC) is looking for interns this term (and future terms)! "We are eager to host any adoptees or fosteres who may be interested in interning with us and supporting the work that our organization does to support adoptive, guardianship, and resource (foster) families across the state (plus we also serve adult adoptees if anyone is interested!)."

[Learn More Here](#)

Internship Opportunity with Senator Merkley

United States Senator Jeff Merkley is seeking a qualified candidate to lead his outreach to stakeholders in some Oregon counties. This post requires outreach experience, professional government or community relations background or organizing experience, familiarity with or relationships within the region, and being a committed team player with strong organizational skills.

[Learn More Here](#)

Visit the IME Suite on the 3rd floor of Fowler: 9-5pm Monday to Friday

Interested in submitting something to be added to the IME Newsletter?

If you would like to submit something to be added to the IME newsletter, please fill out the form below. The IME newsletter goes out every Friday morning. All submissions to make it into the weekly newsletter must be done by Monday at 9am or they will be put in the next week's newsletter.

[Submit to the IME Newsletter](#)

Stay Connected with IME



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